

# **Garscube Harriers Schools Cross Country Races**

## **Race Information**

**Dates: Saturday 18<sup>th</sup> November 2017**  
**Sunday 18<sup>th</sup> February 2018**

**Race Venue:** Maryhill Park, Glasgow with registration and changing in John Paul Academy

### **Timetable of events and approximate distances for both dates**

Primary 5 Boys and Girls – 2km – 11.15am  
Primary 6 Boys and Girls – 2km – 11.35am  
Primary 7 Boys and Girls – 2km – 11.55am  
S1 – S6 Boys and Girls – 2km – 12.15 pm

**Entry Fee:** £3 per athlete per race

Entries can be made either individually or on a multiple entry basis by schools. Separate entries are required for each date. Where there is more than one entry in the same race category (boys and girls in each year are in separate race categories) the entry form for multiple entries can be used.

**Advance Entries to:** Stuart Irvine, 86 Ravenscliffe Drive, Giffnock, G46 7QS by Tuesday 14<sup>th</sup> November 2017 for the November races and by Wednesday 14<sup>th</sup> February 2018 for the February races.

### **Entries on the day:**

Will be taken in the Sports Hall at John Paul Academy, 2 Arrochar Street, Glasgow G23 5LY from 9.15am. Schools with more than 6 entries are requested to email these to Stuart Irvine at [garscubeseecretary@gmail.com](mailto:garscubeseecretary@gmail.com) by Tuesday 14<sup>th</sup> November 2017 for the November races and Wednesday 14<sup>th</sup> February 2018 for the February races or post them to Stuart Irvine at the above address. Showers and changing facilities will be available at this venue. **Valuables must not be left in the Sports Hall or changing rooms as none of the facilities available to us at the school can be locked.**

**Race Numbers:** Will be issued on the day of the race and should be collected from the Registration Officials. Changes to entries made in advance should be advised to the Registration Officials when collecting the race numbers. **One race number will be issued to each competitor and this should be worn on the front of the vest. The number should be attached to the vest with four pins (one to be attached to each corner of the number) to prevent the number becoming obscured or detached from the vest.**

**Awards: Individual Awards:**

Medals will be awarded to all finishers

**Team Awards:** will be for primary schools only and medals will be awarded to the first, second and third teams male and female in the P5, P6 and P7 races

**Team awards will be sent to the schools after each race date.**

**Teams Awards**

Teams will consist of three runners and the team score will be determined by adding the finishing places in the race ignoring any non scoring runners. The team scoring the least number of points will be the winner and in the event of a tie on points the team whose last scoring member finishes nearest first place shall determine the result. The first three runners from a primary school in the same race category will automatically form a team.

**Toilets:** are located inside John Paul Academy. **Competitors must remove muddy footwear prior to entering the school and must not use the wash hand basins in the toilets for removing mud from their person.**

**Parking:** There is limited parking within the grounds of John Paul Academy and outside the school in Caldercuilt Road. Runners and their supporters should car share where possible.

**Directions to John Paul Academy:** From Anniesland Cross take A739 Bearsden Road northbound. Before railway bridge turn right into Temple Road right into Dalsholm Road and through mini roundabout (first exit) into Skaethorn Road. Turn left into Maryhill Road then at traffic lights right into Shiskine Drive. Left into Rothes Drive at Summerston Station than right into Caldercuilt Road. Entrance to school carpark on right.

**Race Promoters:** Garscube Harriers Club

**Enquiries:**

By telephone to: Stuart Irvine on 0141 638 7173 or by email to [garscubesecretary@gmail.com](mailto:garscubesecretary@gmail.com)