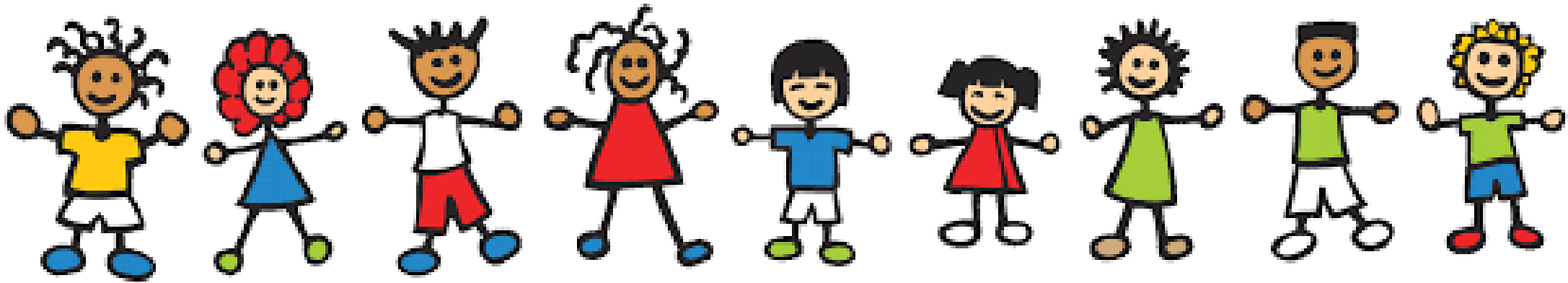




# Ready, Steady, School!



Transition from Nursery to Primary School

Resource Pack



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# Welcome



A very warm welcome to our new primary ones and their parents and carers.

We know that the moves children make from home to nursery, and then from stage to stage and through Curriculum for Excellence levels, can be daunting at times. This pack aims to ensure that this transition from nursery to primary works well and we want to support you and your children to develop confidence and acquire skills to help manage this change in their lives.

We have put together some activities that will help you and your child get ready for a bright new start to their school career. Use the activities as you see fit, the quick steps are very useful to make sure your little one has enough independence to thrive in their new environment!

We look forward to working and learning with you,

The Primary One team





Hello again!

It was lovely to meet you in the Hillhead woods on your visit. Did you spot the surprise I left for you in your Transition Pack?

See you soon, Herbie the Hillhead Mascot

# Herbie the Hedgehog

## Challenges

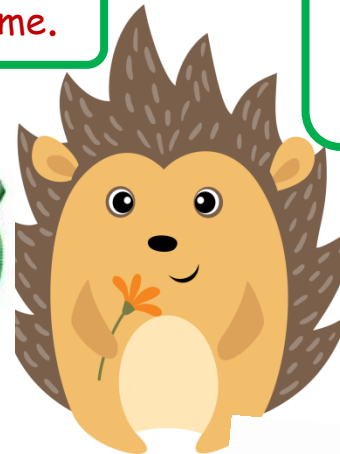
Along with this pack, you will find a knitted hedgehog mascot for you to keep. We hope your hedgehog mascot will help you feel confident and excited about your new adventure in P1. Here are some challenges for you to do with your hedgehog.



Give your mascot a name.

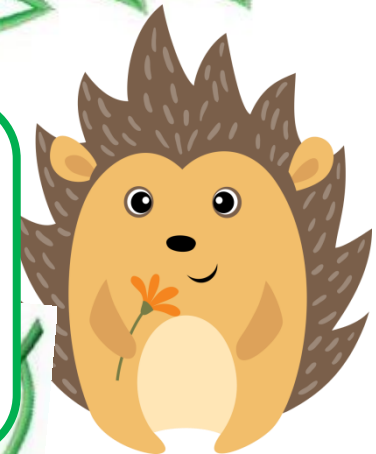
Try on your uniform and pack your school bag. Don't forget a tasty snack for your first day!

Watch the video tour of our school. Let us know what you're most excited about or ask us a question.



Take part in the Hillhead Hedgehog Watch using the window sticker in your pack.

Watch the story about 'Herbie's Big Adventure' and talk about how you feel about your new adventure too.



If you complete a challenge, we would love for you to share it with us on Twitter using our nursery transition account [@hps\\_herbie](https://twitter.com/hps_herbie)

# These are some stepping stone tasks to help get ready for Primary One.



I can get myself changed for gym

I can ask to use the toilet when I need it

You can do it!

I can recognise and do up my jacket

I can count to 10

I can wash and dry my hands

I can recognise my own name.

I can do up my own shoes

I can eat my snack independently

I can safely use scissors to cut along a line

I can say a Nursery Rhyme



Colour in each task as you achieve it!



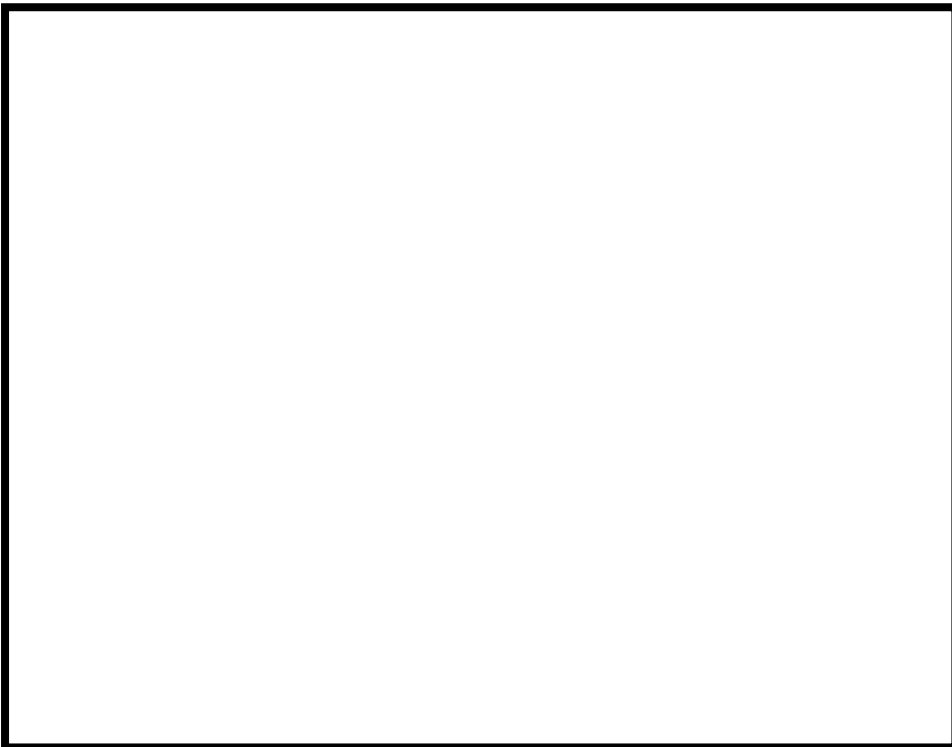
Activity 1

# All About My New School

My new school name:

\_\_\_\_\_

My Headteacher is: \_\_\_\_\_



## Me in my new School Uniform

Draw a picture of yourself wearing your new uniform!

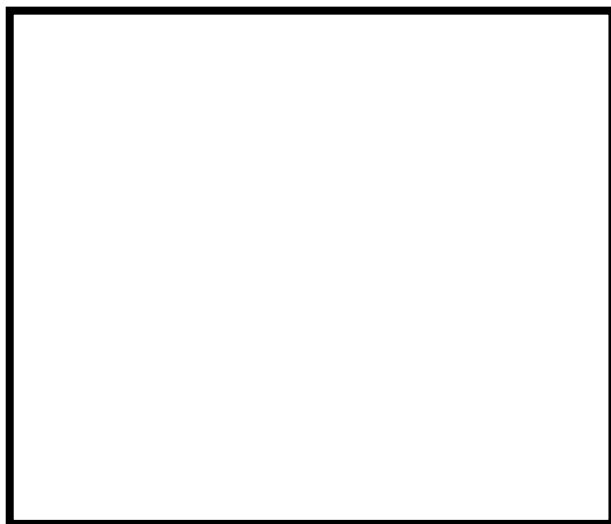
I am looking forward to: What do you think will be most fun, what would you like to do?



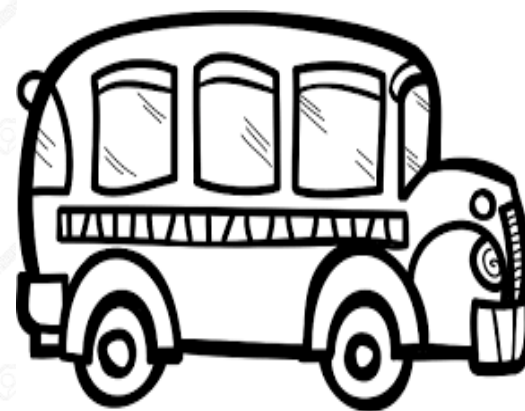
I might need some help with: What would you like to get better at when you start school?



If I need help, I can ask: Can you draw three people you could ask for help?



I will get to school by: Draw a circle around the way you will be coming to and from school.





Activity 2

# My School Day

This is what a typical school day usually looks like. Chat with your grown up about what you might do at each of these times.

Leave home



Arrive at school



Class time



Playtime



Class time



Lunch



Class time



Home time



Activity 3

# My Friends

Meeting new people will be part of starting a new school. All the children will be going through the same thing.



The friends I will already know at school are:

I can make new friends by:

Smiling



Tell them my name



Hello! My name is....

What is your name?

Ask them their name



Ask them what they like doing

Tell them what I like doing

Choose things we could do together at play time or after school.

If I am worried about anything I can talk to:

Other people I might meet are:




# Letter Formation

Can you write the alphabet by copying inside each of the letters?

a b c d e f g h i

j k l m n o p q r s

t u v w x y z

# Number Formation

Can you write your numbers by copying inside each of them?

1

2

3

4

5

6

7

8

9

10

## Useful hints for Parents and Carers

The following pages have a little information as well as few practical hints and tips that other parents have suggested as being useful to know before their children started school.

*"The vast majority of children and young people look forward to moving on in learning and in life. For some children transitions can be challenging and support from parents and staff at school can help the transitions go more smoothly. Some children may need particular help perhaps including some other agencies to ensure that they feel confident about the transitions. It helps children at all transitions if staff and parents:*

- Talk with them about what is going to happen*
- Encourage them to talk about any concerns or anxieties*
- Listen carefully to their concerns and consider sharing them with other relevant people*
- Help them become familiar with the new setting and what will be expected of them."*

***Scottish Government Curriculum for Excellence Fact-file - Transitions June 2011***

Education Scotland have issued more information to help understand Transitions through these unique and trying times.

Please follow this link for more information.

**Transitions 2020 | Be at the heart of your child's learning during COVID-19 | Learning at home | Parent Zone**

<https://education.gov.scot/parentzone/learning-at-home/covid19/transitions/#>



## Handy Hints!

- Does your child recognise their own name? If not, make a sign together for their room and where they hang their jacket at home so that they are used to seeing it.
- If you are going to teach them to write their name please only teach the first letter as a capital- if they learn their whole name in capitals it then takes time for them to unlearn it.
- Remember school is going to be a bit different this year, they will have their own desk and stationery, and seated apart from another child. The set-up will be quite different from Nursery.
- Label EVERYTHING! Even label the top of Tupperware and the bottom in case they only lose just one part!
- Encourage them to open their own snacks so that they can do it at playtime and lunchtime.
- Velcro shoes are best!
- Can they put on their own jacket and zip it up? If not, start encouraging that!
- Can they use the toilet independently and wash and dry their hands independently? Now is the time to work on this.
- In Scotland all P1s-P3's get a free lunch - when you get a menu pop it somewhere in the house and let them know what the choices are each day and decide what they will have together.
- This year is unique as there has not been visits to school etc but remember that all the children are in the same position!
- Remember this year is different for the teachers too. Rest assured they will do what they can to make sure your child has the best possible experience and will do their utmost to make sure your little one is loved and cared for as best they can!

# Useful Songs, Books and Games

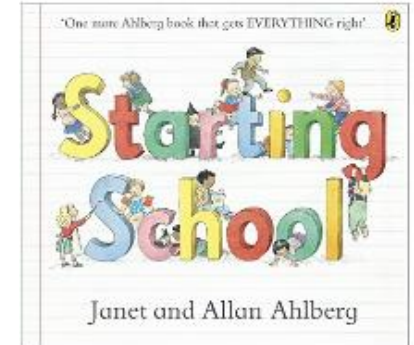
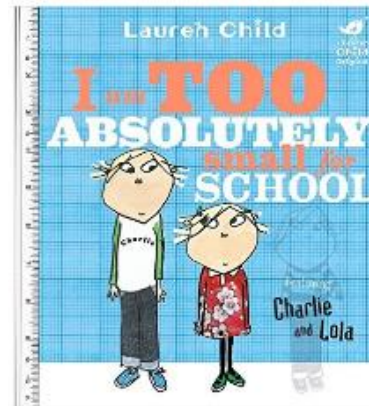
Here are some songs, books and games which you might like to explore with your child before they start school.

## Songs

- 1,2,3,4,5 Once I caught a fish alive [https://www.youtube.com/watch?v=9ir\\_l7qTiZ4](https://www.youtube.com/watch?v=9ir_l7qTiZ4)
- Five Little Ducks <https://www.youtube.com/watch?v=pZw9veQ76fo>
- Nursery Rhymes <https://www.youtube.com/watch?v=HsJl-oJ7TJO>
- Numbers 1-5 <https://www.youtube.com/watch?v=2sePZkXefyE>
- Alphabet song <https://www.youtube.com/watch?v=VTI3AMrDe5g>

## Books about Starting School

- Starting School by Janet and Allan Ahlberg  
<https://www.youtube.com/watch?v=1zQivaCXu-Q>
- I Am Too Absolutely Small For School by Lauren Child  
<https://www.youtube.com/watch?v=XgbDO-gX9pM>



## Games

- Starting School Game <https://www.bbc.co.uk/bitesize/topics/zhtcvk7/articles/znc9vk7>
- Alphabet Game [https://www.abcya.com/games/talk\\_to\\_me\\_alphabet](https://www.abcya.com/games/talk_to_me_alphabet)
- Counting to 5 Game <https://www.sheppardsoftware.com/mathgames/earlymath/CountAnimals1to5.htm>