Topic Home Learning – August/September 2021

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<u>S</u>	<u>Senses</u>	
We have been learning about our five senses		
through our 'All About Me' Topic.		
Carry out an experiment at home to explore		
your sense of taste. Try a range of different		
foods and discuss how they tasted – salty, sweet,		
sour or bitter. Share your opinions about the		
different foods you tried - did you like the food?		
Why/why not?		
As a further activity you could create a table to		
record your findings from the experiment using		
pictures or words. E.g	•	
Food	Opinion	
Task 4		

Task 2 Parts of the Body

As part of our 'All About Me' Topic, we have been learning the parts of the body.

Practise singing 'Head, Shoulders, Knees and Toes' to support identification of different body parts. Now choose some other body parts and switch around the words in the song to match the new body parts you have chosen.

As an additional activity you could identify the different parts of your face and discuss with a grown up why they are important. Use Play-Doh or Spaghetti to make a face including the important facial features.

Task 3 What Makes Me Special

We have been learning about our similarities and differences, and what makes us unique.

Read one, or both, of the books listed below. Discuss the characters in the story with a grown up, talk about what makes them special and about the importance of celebrating our uniqueness.

The Rainbow Fish -

https://www.youtube.com/watch?v=QFORvXhub28 We're All Wonders -

https://www.youtube.com/watch?v=IWOuoaAtXGE

Discuss what makes you different/similar to people in your family, and what makes you special. Draw a picture to show why you are special.

<u>Health and Wellbeing - Golden Rules</u>
We have been looking at Golden Rules in class.

One of our Golden Rules is to be kind and helpful. Find different ways you can be kind and helpful at home e.g. helping with housework/carrying out an act of kindness.

Draw a picture to show one of the kind/helpful things you have done.

Task 5

One of the books we have been exploring in class is 'Beautiful Oops' which teaches us that making mistakes should be a positive experience.

Health and Wellbeing - Growth Mindset

If a grown up creates a mistake e.g. places a tea stain or rips a piece of paper - see if you can make it into something new.

Have a discussion about how important it is to not give up and to stay positive.

Online learning & websites

The following links provide a variety of fitness activities which can easily be carried out at home.

Cosmic Yoga – The Very Hungry Caterpillar -

https://www.youtube.com/watch?v=xhWDiQRrC1Y

Joe Wicks – 8 Minute Workout https://www.youtube.com/watch?v=YIB2SJnBHBQ

Go Noodle – Banana Banana Meatball https://www.youtube.com/watch?v=BQ9q4U2P3ig