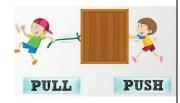
# Task 1

Science: Forces and Motion

Watch the clips about Forces and Motion.

Make a list of five things you have pushed today and five things you have pulled.



# Task 2

Science: Forces-Moving Toys

Think about the toys that are in your house.

Make a collection of those that you can push, pull or twist.

### Extra Challenge:

Make a moving toy out of junk materials.



# Task 3

## Science-Floating or Sinking

Watch the clip about floating and sinking. Look around your house for at least five objects that you think will float and five that you think will sink.



Fill a basin and test to see if you were right.

## Extra Challenge:

Make a boat that floats out of junk materials.

# Task 4

#### HWB

The ABC of ME!

Watch and listen to the story "ABC I Like Me!" on YouTube.

Can you make your own ABC with words to describe your personality?

Set it out like this:

- A- artistic
- B- brave
- C- clever

# Task 5

# HWB Healthy Hearts

To keep our hearts healthy, we need to exercise.

Complete at least one of these activities each day for a week.

- Brisk walk
- Cycle
- · Hula hooping
- Dancing
- Going for a jog
- Cosmic yoga
- Skipping

# Online Learning & Websites

#### Forces and Motion

https://youtu.be/rfeVINL7d9U

https://www.bbc.co.uk/bitesize/clips/z9dkjxs

#### Floating and Sinking

https://www.bbc.co.uk/iplayer/episode/b0bc29rr/kit-pup-series-1-7-floating-and-sinking

ABC I Like Me! By Nancy Carlson https://youtu.be/qXvyTeht6Uk





Topic and Health & Well-being Home Learning- Block 2