Task 1 Task 2 Task 3 • The Water Source **New Year Resolutions** Art- Twig Names Make a list of your goals for yourself, your Go for an outdoor walk with your family to look Have a look at water sources for our school and your community. for and collect some twigs. Create your name Choose 2 of your goals and make a wish wand using the twigs you find. You can add some upcoming topic and create a poster similar to the one below. like the one below to encourage you to reach crafts such as flowers to personalise your your goals. creation.

Task 4	Task 5	Task 6
Physical Wellbeing Enjoy some calm January Yoga. Click the link below. https://www.youtube.com/watch?v=fnO-lGEMOXk	Positive thinking It is important to stay positive during difficult times. Can you write five things you are looking forward to in the near future? Watch the video for inspiration https://www.youtube.com/watch?v=900 wagkrzKw	Physical wellbeing Fun with masking tape. You can create a game of indoor hopscotch or tic-tac-toe, or you can devise an obstacle course of straight and zig zag lines you have to complete by crawling, jumping, walking backwards, and/or while holding something heavy. Good Luck!

Topic Home Learning – December/January 2021/22