

Medically Referred Diet



Information leaflet

Medically Referred Diet Provision

There are occasions when pupils are unable to eat the school meals available under the statutory meal provision due to medical reasons. Every effort is then made to ensure that a suitable alternative is provided.

Glasgow City Council will co-ordinate all such requests for medically referred diets, liaising with:

- Parent/Carers
- Head Teachers
- General Practitioners
- Dietitians
- Health Visitors
- Speech and Language Therapists
- Catering Managers



Classification of Diets

Glasgow City Council as far as reasonably possible, is able to cater for a wide range of medical diets such as:

- Nut Free
- Egg Free
- Milk Free
- Additive Free
- Gluten Free
- Managing Diabetes



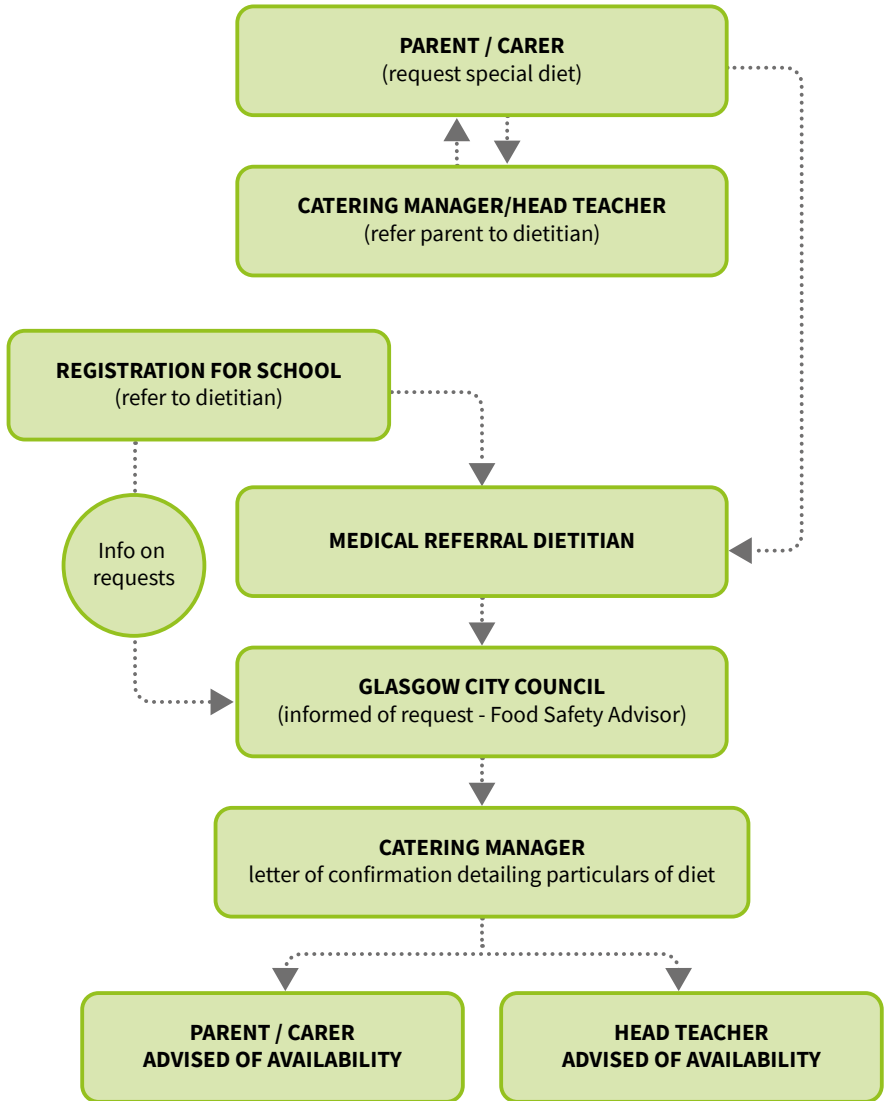
If your child needs a medically restricted diet then contact your Head Teacher in the first instance to make them aware of your child's requirements. They will advise you to contact your dietitian, the dietitian will pass your request to Glasgow City Council. The food safety advisor will then contact you to determine the exact diet that is required.

All requests for medical diets have to be supported in writing by the medical authorities. A state registered dietitian, a general practitioner, speech and language therapist or hospital consultant may issue requests clarifying the child's exact dietary needs. Verbal requests are not acceptable.

Glasgow City Council feels it is imperative that this policy is enforced since the diet of a child can have implications for their health both now and later in life. It should be noted that the ultimate responsibility for ensuring the correct school meal provision will remain with the parent/carer.

- ✓ All foods are screened for suitability.
- ✓ Diet sheets and meal plans are prepared for catering managers use.
- ✓ The dietary requirements of each child are regularly updated and reviewed by the medical authorities.

Communication



HELPLINE

Advice or assistance may be sought from:

Linda Quinn, Senior Food Safety Advisor 0141 276 9613 or 07876448732

Karen Baxter, Food Safety Advisor 0141 276 9606 or 07786692241